

October 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 Mac & Cheese and Grapes	4	5 Chicken nuggets Tater tots Applesauce	6 Turkey Hoagie Goldfish	7
8	9 NO SCHOOL	10 Grilled Cheese & Tomato Soup	11	12 Sweet Bologna & Cheese Pretzel Roll Chips	13 Cheese Pizza (1 slice for Elem, 2 Slice for Sec) Salad w/Ranch	14
15	16	17 NAT'L PASTA DAY Spaghetti & Meatballs Garlic Bread	18	19 Cheeseburger Carrots & ranch Chips	20 DONUTS FOR DAD	21
22	23	24 Loaded Nachos	25	26 "Lunchables" Bologna, Cheddar, Crackers, Oreo	27 French Toast Sausage Orange slice	28
29	30	31 Chicken Patty Apples w/Caramel Dip Veggie Straws	1	2	3	4
5	6	Notes				